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Trial Cycle Schedule (Estrace)

This is an outline of important dates for your IVF treatment. Please keep it in a handy location. If we notify you with changes, make the changes on this sheet. promptly. Please do not guess about your instructions; phone us if you are unsure. If you have an injection question, please refer to our website, www.fertilitymemphis.com.

To reach us:

Monday-Friday 8:00 AM-4:30 PM: phone 901-747-2229 and leave a message for the nurse.

For after hours, weekends and holidays: phone 901-747-2229 option 0, *before 10:00 PM* to page the nurse.

Date	Day	Instructions	PNV	Estrace	Prog
	Cycle Day 1	This is the first day of your menstrual period. Call us before 2:00 P.M. On the weekends or holidays page the nurse before 2:00 P.M. Start your prenatal vitamins (PNV).	X		
	Day 1-13	Start Estrace 2mg tablets A.M. and P.M., vaginally.	X	X	
	Day 14	Come in for your ultrasound and E2 blood test. Your nurse will call with your instructions before 5:00 P.M.	X	X	
	Day 15	Start progesterone intramuscular injection 75 mg once a day. Continue Estrace two times a day.	X	X	X
	Day 21	Come in for a progesterone blood test. Your nurse will call you by 5:00 P.M. If your levels are adequate, you can stop the progesterone and estrace. You should get a period in 2-4 days.	X	X	X