



Your Thawed Embryo Transfer Schedule (Patch)

This is an outline of important dates for your IVF treatment. Please keep it in a handy location. If we notify you with changes, make the changes on this sheet. promptly. Please do not guess about your instructions; phone us if you are unsure. If you have an injection question, please refer to our website, www.fertilitymemphis.com.

To reach us:

Monday-Friday 8:00 AM-4:30 PM: phone 901-747-2229 and leave a message for the nurse.

For after hours, weekends and holidays: phone 901-747-2229 option 0, *before 10:00 PM* to page the nurse.

You are scheduled for trial transfer on _____.

Your payment for services and treatment consent forms are due _____.

Your transfer is tentatively scheduled for the week of _____.

Date	Day	Instructions	PNV	OCP	Lupron	Vivelle	Prog
	Cycle Day 1	This is the first day of your menstrual period. Call us before 2:00 P.M. On the weekends or holidays page the nurse before 2:00 P.M. Start your prenatal vitamins (PNV).	X				
	Cycle Day 2,3, or 4	Start your oral contraceptive (OCP) pills one pill a day.	X	X			
	Stop OCP	Take your last OCP today. You should start your period in 2-4 days.	X	X			
	Baseline	Come in for your E2 blood test. Your nurse will call you with instructions by 5:00 P.M. Inform the nurse if you have not started your period.	X		X		
	Start Lupron	Start Lupron 5 units (0.05 cc) subcutaneous injection every evening.	X		X		
	Stim Day 1	Apply two (2) new Vivelle (0.1 mg) patches to your body. Continue Lupron 5 units (0.05 cc) every evening.	X		X	X	
	Stim Day 4	Remove both patches and apply two (2) new patches to your body. Continue Lupron 5 units every evening.	X		X	X	
	Stim Day 6	Remove both patches and apply two (2) new patches to your body. Continue Lupron 5 units every evening.	X		X	X	
	Stim Day 8	Remove both patches and apply six (6) new patches to your body. Continue Lupron 5 units every evening.	X		X	X	
	Stim Day 10	Remove all patches and apply six (6) new patches to your body. Continue Lupron 5 units every evening.	X		X	X	
	Stim Day 12	Remove all patches and apply eight (8) new patches to your body. Continue Lupron 5 units every evening.	X		X	X	
	Stim Day 14	Come in for your ultrasound and E2 blood test. Continue your Lupron 5 units every evening. Your nurse will call with your instructions before 5:00 P.M.	X		X	X	
	Stim Day 15	Start progesterone intramuscular injection 75 mg once a day. Remove all patches and apply four (4) new patches. Replace the four (4) patches every 72 hours. Continue your lupron 5 units every evening. You will continue progesterone and patches until your pregnancy test.	X		X	X	X
	Transfer	Arrive at EMSC at _____. Bring your valium with you. Someone will need to drive you home after the transfer. Continue progesterone 75 mg daily and replace four (4) patches every 72 hours. Stop Lupron today.	X			X	X