

World-Renowned Expert in Infertility Presents Findings to European Conference

After Two Recurrent Miscarriages, Patients Should be Thoroughly Evaluated for Risk Factors

Dr. William Kutteh, M.D., one of the world's leading researchers in [recurrent pregnancy loss \(RPL\)](#), was invited to present his latest discoveries to the [European Society of Human Reproduction and Embryology \(ESHRE\)](#). Dr. Kutteh's research on recurrent pregnancy loss calls for early intervention after the second miscarriage, a change in how physicians currently treat the condition.

RPL is defined as three or more consecutive miscarriages that occur before the 20th week of pregnancy. In the general population, miscarriage occurs in 20 percent of all pregnancies, but recurrent miscarriage occurs in only 5 percent of all women seeking pregnancy.

Dr. Kutteh's study, the largest of its kind on recurrent miscarriage, scientifically proved what many physicians intrinsically knew. The 2010 study, published in [Fertility and Sterility](#)-- Diagnostic Factors Identified in 1020 Women with Two Versus Three or More Recurrent Pregnancy Losses--found that even after only two pregnancy losses, a definitive cause for RPL could be determined in two-thirds of patients in the study.

Dr. Kutteh's research showed that there was no statistical difference in women with RPL who had two pregnancy losses, and those who had three or more losses, proving that earlier intervention was appropriate. Patients with RPL are now encouraged to begin testing for known risk factors for infertility after the second miscarriage.

Determining Risk Factors for Recurrent Miscarriage

Recurrent miscarriage causes include anatomic, hormonal, autoimmune, infectious, genetic, or hematologic issues. Expediently determining the causes of miscarriage can lead to more targeted treatment, and for 67 percent of patients, a successful full-term pregnancy.

"RPL is an emotionally and physically draining experience for the patient, and can often leave couples with feelings of despair and depression," Dr. Kutteh said. "Earlier and more targeted testing helps patients reach the desired goal of a family, alleviating the pain caused by waiting to resolve infertility."

Melissa Alexander, a patient of Dr. Kutteh's since 2008, realized success with the new protocol.

"You're scared, and it's a day-by-day process because you have never had success," explained Alexander. "Dr. Kutteh gave me a sense of hope that this pregnancy would come to full term."

Referred by her obstetrician, Alexander began seeing Dr. Kutteh after two miscarriages. She was diagnosed with a clotting disorder, and treated with heparin, baby aspirin, and other supplements. After a third miscarriage, she continued the treatment. Her daughter was born in 2009, and she is now 22 weeks pregnant with a son.

Many of the causes of RPL are not only discovered with the correct testing, but they are treatable, including Alexander's clotting disorder.

“When you’re a patient of Dr. Kutteh’s, you know that you are in really good hands. He doesn’t give up on you. He deeply cares for his patients, and wants the best for them,” Alexander said. “When I started this journey more than five years ago, I had lost hope of ever having a child to hold in my arms. Through his knowledge, research, and treatments, Dr. Kutteh helped me achieve one of the greatest gifts I could ever receive, a healthy pregnancy resulting in a beautiful daughter ... and now a son on the way.”

Dr. Kutteh’s fertility clinic has worked with more than 3,000 couples. Approximately 70 to 75 percent of his patients will ultimately have a successful pregnancy. His research on recurrent miscarriage has been cited in hundreds of medical journals and mainstream publications, including The New York Times.

Fertility Associates of Memphis Video on [Recurrent Miscarriage](#)

About [Dr. William Kutteh](#)

Dr. Kutteh is director of Fertility Associates of Memphis, and is board-certified in Reproductive Endocrinology and Infertility. In addition, he is board-certified in Obstetrics and Gynecology and Immunology. Dr Kutteh is also laboratory director for Memphis Fertility Laboratory, Inc. and Reproductive Laboratory, Inc. He is a native of North Carolina, and has been practicing reproductive medicine since completing his training in 1991. Dr. Kutteh received his Ph.D. in Molecular Biology and Immunology then obtained his M.D. at Wake Forest University School of Medicine in 1985. He is the author of more than 200 publications and has lectured internationally in his field. He has been named one of America’s Top Obstetricians and Gynecologists each year since 2002, a Best Doctor in America annually since 2001, and one of Memphis’ Best Doctors each year since 1999.

About The Fertility Associates of Memphis

Fertility Associates of Memphis is a state-of-the-art practice providing comprehensive reproductive health care to couples of the Mid-South and beyond . . . treating patients struggling with infertility, recurrent pregnancy loss, and reproductive disorders. Our highly specialized team utilizes cutting edge techniques including in vitro fertilization with laser blastocyst biopsy, preimplantation genetic diagnosis, and fertility preservation. Our compassionate physicians, board-certified in reproductive endocrinology and infertility, have been bringing dreams to life for more than 20 years.

80 Humphreys Center, Suite 307, Memphis, TN 38120 | 901.747.2229 | [FertilityMemphis.com](#)



Contact Information

Amy Hall

Catalyst Healthcare Marketing

214-893-8214

Online Web 2.0 Version

You can read the online version of this press release [here](#).