



FERTILITY  
ASSOCIATES  
of MEMPHIS

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### Your Egg Donation IVF Schedule (Antagonist)

This is an outline of important dates for your IVF treatment. Please keep it in a handy location. If we notify you with changes, make the changes on this sheet. promptly. Please do not guess about your instructions; phone us if you are unsure. If you have an injection question, please refer to our website, [www.fertilitymemphis.com](http://www.fertilitymemphis.com).

To reach us:

Monday-Friday 8:00 AM-4:30 PM: phone 901-747-2229 and leave a message for the nurse.

For after hours, weekends and holidays: phone 901-747-2229 option 0, before 10:00 PM to page the nurse.

You are scheduled for injection teaching on \_\_\_\_\_.

Your egg retrieval procedure is tentatively scheduled during the week of \_\_\_\_\_.

Date	Day	Instructions	PNV	OCP	Gonad	Ganirelix	Doxy	hCG
	<b>Cycle Day 1</b>	This is the first day of your menstrual period. Call us before 2:00 P.M. On weekends or holidays page before 2:00 P.M. Start your prenatal vitamins (PNV).	X					
	<b>Cycle Day 2,3, or 4</b>	Come in for your vaginal ultrasound and blood tests (FSH, LH, & E2). After your tests, start your oral contraceptive (OCP) pills one pill a day.	X	X				
	<b>Stop OCP</b>	Take your last OCP today. You should start your period in 2-4 days.	X	X				
	<b>Baseline</b>	Come in for your baseline ultrasound. Your nurse will call you with instructions by 5:00 P.M. Inform the nurse if you have not started your period.	X					
	<b>Stim Day 1, 2, &amp; 3</b>	You will start your gonadotropin (Gonad) _____ injection in the evening and possibly in the morning. You will also start Doxycycline (Doxy) one pill twice a day for 7 days.	X		X PM +/-AM		X	
	<b>Stim Day 4 &amp; 5</b>	On day 4, come in for your E2 and LH blood tests. Your nurse will call you by 5:00 P.M. with your instructions. Continue gonadotropin and doxycycline.	X		X		X	
	<b>Stim Day 6 &amp; 7</b>	On day 6 come in for your E2 and LH blood tests and ultrasound. Your nurse will call you by 5:00 P.M. with your instructions. Continue gonadotropins and Doxycycline. You <i>may</i> start your Ganirelix on day 7 or day 8.	X		X	Check with nurse	X	
	<b>Stim Day 8 etc.</b>	On day 8 come in for your E2 and LH and ultrasound. Your nurse will call you by 5:00 P.M. with your instructions. Continue gonadotropins and Ganirelix. This pattern of visits will continue until your stimulation is finished.	X		X	X		
	<b>Day of hCG</b>	This is the day you take hCG intramuscular injection as directed. Stop your Ganirelix Acetate and gonadotropins.	X					X Specific time
	<b>Next Day</b>	Take a urine pregnancy test this morning (it should be positive). If it is negative call the office immediately. Take one Valium tablet before bed. Do not eat or drink anything after midnight.	X					
	<b>Retrieval Day</b>	Arrive at EMSC at _____. Please do not wear any perfume, makeup, or nail polish. Someone will need to drive you home and stay with you for the evening.	X					