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## Donor Egg IVF Transfer Schedule (Estrace) for the Recipient

This is an outline of important dates for your IVF treatment. Please keep it in a handy location. If we notify you with changes, make the changes on this sheet. promptly. Please do not guess about your instructions; phone us if you are unsure. If you have an injection question, please refer to our website, [www.fertilitymemphis.com](http://www.fertilitymemphis.com).

To reach us:

Monday-Friday 8:00 AM-4:30 PM: phone 901-747-2229 and leave a message for the nurse.

For after hours, weekends and holidays: phone 901-747-2229 option 0, *before 10:00 PM* to page the nurse.

Your egg retrieval procedure is tentatively scheduled during the week of \_\_\_\_\_ .

Date	Day	Instructions	PNV	OCP	Lupron	Estrace	Doxy	Prog
	<b>Lupron Start</b>	Start your Lupron 10 units (0.1cc) subcutaneous injection every evening.	<b>X</b>	<b>X</b>	<b>X</b> PM			
	<b>Stop OCP</b>	Take your last OCP pill today. Continue Lupron 10 units every evening. Call us when your period starts. If you do not start your cycle within 5 days of your last OCP, call us.	<b>X</b>	<b>X</b>	<b>X</b> PM			
	<b>Cycle Day 1</b>	This is the first day of your menstrual period. Continue your Lupron 10 units (0.1cc) every evening. Start Estrace tablets 2 mg two times a day, vaginally.	<b>X</b>		<b>X</b>	<b>X</b>		
	<b>Day 8</b>	Continue estrace two times a day. Continue your Lupron 10 units every evening. You and your spouse will start doxycycline 100 mg two times a day for 7 days.	<b>X</b>		<b>X</b>	<b>X</b>	<b>X</b>	
	<b>Day 10</b>	Continue estrace two times a day. Continue your Lupron 10 units every evening. Continue doxycycline 100 mg two times a day.	<b>X</b>		<b>X</b>	<b>X</b>	<b>X</b>	
	<b>Day 12</b>	Continue estrace two times a day. Continue your Lupron 10 units every evening. Continue doxycycline 100 mg two times a day. You will continue this schedule till you hear from us. If you have not heard from us in 7 days then please call us.	<b>X</b>		<b>X</b>	<b>X</b>	<b>X</b>	
	<b>Day 15</b>	Start your progesterone 75mg intramuscular every day. Continue your Lupron 10 units every evening. Continue estrace two times a day.	<b>X</b>		<b>X</b>	<b>X</b>		<b>X</b>
	<b>Day 16</b>	Your husband will be given a time to come in and give a semen specimen.	<b>X</b>		<b>X</b>	<b>X</b>		<b>X</b>
	<b>Day 17</b>	Continue progesterone 75 mg every day. Continue your Lupron. Continue estrace two times a day. You will continue this schedule till your transfer day.	<b>X</b>		<b>X</b>	<b>X</b>		<b>X</b>
	<b>Transfer Day</b>	Arrive at EMSC at _____. You will be instructed when to take your Valium. <b>STOP</b> your lupron. Continue progesterone 75 mg every day and estrace two times a day.	<b>X</b>			<b>X</b>		<b>X</b>