



Donor Egg IVF

Transfer Schedule (Patch) for the Recipient

This is an outline of important dates for your IVF treatment. Please keep it in a handy location. If we notify you with changes, make the changes on this sheet. promptly. Please do not guess about your instructions; phone us if you are unsure. If you have an injection question, please refer to our website, www.fertilitymemphis.com.

To reach us:

Monday-Friday 8:00 AM-4:30 PM: phone 901-747-2229 and leave a message for the nurse.

For after hours, weekends and holidays: phone 901-747-2229 option 0, *before 10:00 PM* to page the nurse.

Your egg retrieval procedure is tentatively scheduled during the week of _____.

Date	Day	Instructions	PNV	OCP	Lupron	Vivelle	Doxy	prog
	Lupron Start	Start your Lupron 10 units (0.1cc) subcutaneous injection every evening.	X	X	X PM			
	Stop OCP	Take your last OCP pill today. Continue Lupron 10 units every evening. Call us when your period starts. If you do not start your cycle within 5 days of your last OCP, call us.	X	X	X PM			
	Cycle Day 1	This is the first day of your menstrual period. Continue your Lupron 10 units (0.1cc) every evening. Apply two (2) Vivelle patches 0.1 mg to your abdomen. You will change them every 72 hours.	X		X	X		
	Day 8	Remove all patches and apply six (6) new patches. Continue your Lupron 10 units every evening. You and your spouse will start doxycycline 100 mg two times a day for 7 days.	X		X	X	X	
	Day 10	Remove all patches and apply six (6) new patches. Continue your Lupron 10 units every evening. Continue doxycycline 100 mg two times a day.	X		X	X	X	
	Day 12	Remove all patches and apply eight (8) new patches. Continue your Lupron 10 units every evening. Continue doxycycline 100 mg two times a day. You will continue this schedule till you hear from us. If you have not heard from us in 7 days then please call us.	X		X	X	X	
	Day 15	Start your progesterone 75 mg intramuscular every day. Continue your Lupron 10 units every evening. Remove all patches and apply four (4) new patches.	X		X	X		X
	Day 16	Your husband will be given a time to come in and give a semen specimen.	X		X	X		X
	Day 18	Continue progesterone 75 mg every day. Continue your Lupron. Remove all patches and apply four (4) new patches.	X		X	X		X
	Transfer Day	Arrive at EMSC at _____. You will be instructed when to take your Valium. STOP your lupron. Continue progesterone 75 mg every day. Change your four (4) patches every 72 hours.	X			X		X